

**Program Review Form
Psychology 2017-2020**

Program Review Year: 2017-2020
Name of Program Being Reviewed: Psychology
Degrees Covered by Review: B.S. Psychology
Name of Department: Arts and Sciences
Department Chair: Ian Hawkins
Program Coordinator: Sarah Bracey

Note: Pages 1-4 are to be completed yearly by each program. Pages 1-5 are to be completed according to the Cycle of Curricular Review

Mission of the College

*The mission of Welch College is to educate leaders to serve Christ,
His Church, and His world through Biblical thought and life.*

Strategic Initiative (from the strategic plan)

Strategic Initiative #1 – Integrating a Christian worldview.

The College will develop policies, programs, and activities which will enable students to develop a worldview that integrates the Christian faith with the academic disciplines in the whole of life.

Strategic Objective (from the strategic plan)

Strategic Objective 1.1 – Develop curricula that integrates the Christian worldview throughout all programs of study.

Program Objectives (from the College Catalog)

1. articulate a personal theory of the integration of Christian truth and psychology
2. develop an understanding of the spectrum of human thought, emotion, and behavior
3. exhibit an understanding of how people relate to one another
4. demonstrate the methods by which psychologists gather and interpret new knowledge

Program Objectives link to Institutional Purpose/General Objectives of the College

6. A knowledgeable commitment to physical and emotional health
8. Social adjustment, manifested in healthy interpersonal relationships.
9. The knowledge and skills needed to function effectively in one's chosen vocation.
10. Compassion, manifested in active desire to help the poor and hurting.

Program Objectives link to Departmental Objectives

<p>6. Understand principles of physical and mental health and exercise Christian regard for a healthy mind and body</p> <p>9. Understand the psychological, spiritual, and moral development of personality</p>

Courses Aimed to Accomplish Specific Program Objectives

Program Objective	Courses
articulate a personal theory of the integration of Christian truth and psychology	IDS 1902, IDS 3101, IDS 4101, SSC 3101, PSY 3601
develop an understanding of the spectrum of human thought, emotion, and behavior	PSY 2001, PSY 2102, PSY 2302, PSY 3201, PSY 2401, PSY 3801, PSY 4001, PSY 4106, PSY 4204, PSY 4402
exhibit an understanding of how people relate to one another	PSY 2302, PSY 4106, PSY 4204
demonstrate the methods by which psychologists gather and interpret new knowledge	MAT 3011, PSY 4305, PSY 4820, PSY 2001

Program Review: Assessment

Program Objective	Means of Assessment	Strategic Objective/Goal	Results (2017-2018)
What we want to do (general)	How we will know if we did it	Specific Goals	What actually happened
articulate a personal theory of the integration of Christian truth and psychology	1. PSY 3601 Christian Counseling	100% of psychology majors will demonstrate knowledge of the integration of Christian truth and psychology by completing the course with a C or greater.	All 4 psychology majors who completed this course met this goal during the 2017-2018 academic year.
develop an understanding of the spectrum of human thought, emotion, and behavior	Major Field Test (Psychology)	75% of graduates will score at or above the national average score on the MFT (Psychology), which is 156.	5 students graduated in the 2017-2018 academic year. 20% of the graduates scored at or above the national average score on the MFT.
exhibit an understanding of how people relate to one another	1.PSY 2302 (Group and Interpersonal Relations) NOTE: This course number has been changed to PSY 2312 Social Psychology. 2.PSY 4106 (Personality Theory)	100% of psychology majors will demonstrate an understanding of how people relate to one another by completing the courses with a score of C or greater.	<ol style="list-style-type: none"> All 8 psychology majors who took this course met this goal. 12 psychology majors took this course and 11 students met the goal.
demonstrate the methods by which psychologists gather and interpret new knowledge	1.PSY 4305 (Psychological Assessment and Research) 2.MAT 3011 (Statistics I) 3. PSY 2001 (General Psychology)	100% of psychology majors will demonstrate an understanding of methods and interpretation by completing the courses with a C or greater.	<ol style="list-style-type: none"> This course was not offered during the 2017-2018 academic year. 4 out of 4 psychology majors met the goal. 2 out of 2 psychology majors met this goal.

Program Review: Use of Results

Strategic Objective/Goal	Results (2017-2018)	Use of Results (2018-2019)	Results Revisited (2019-2020)
What we wanted to happen	What actually happened	What we did to improve	How did this affect later assessments?
100% of psychology majors will demonstrate knowledge of the integration of Christian truth and psychology by completing the course with a C or greater.	4 students completed this course and all earned A's during the 2017-2018 academic year.	This course has changed instructors, so no changes in the immediate future will be made. The coordinator will monitor the results of this course.	All 8 psychology majors who completed this course met this goal during the 2018-2019 academic year. Will continue to monitor this course.
75% of graduates will score at or above the national average score on the MFT (Psychology), which is 156.	5 students graduated in the 2017-2018 academic year. 20% of the graduates scored at or above the national average score on the MFT.	With the change in program coordinator, the MFT scores will continue to be monitored.	There were 6 graduates in 2018-2019. Only one student scored above the national average. This category will continue to be monitored.
100% of psychology majors will demonstrate an understanding of how people relate to one another by completing the courses with a score of C or greater.	<ol style="list-style-type: none"> 1. All 8 psychology majors who took this course met this goal. 2. 12 psychology majors took this course and 11 students met the goal. 	We will continue to monitor the grades.	<ol style="list-style-type: none"> 1. All 6 psychology majors who took this course met this goal in the 2018-2019 academic year. 2. This course was not offered in 2018-2019. This category will continue to be monitored.
100% of psychology majors will demonstrate an understanding of methods and interpretation by completing the courses with a C or greater.	<ol style="list-style-type: none"> 1. This course was not offered during the 2017-2018 academic year. 2. 4 out of 4 psychology majors met the goal. 3. 2 out of 2 psychology majors met this goal. 	We will continue to monitor the grades.	<ol style="list-style-type: none"> 1. All 11 psychology majors met this goal in 2018-2019. 2. 4 of 6 psychology majors met this goal in 2018-2019. 3. 6 of 6 psychology majors met this goal in 2018-2019. This category will continue to be monitored.

Program Review: Comparison with Other Similar Programs

The 2018-2019 school year saw many updates and changes to the psychology program. During the summer of 2017, the coordinator and two adjunct teachers began researching the possibility of a minor or elective concentration. A portion of their research on other programs is located in Appendix A. During the 2017-2018 school year, these proposed changes were passed through committees and approved for the 2018-2019 year. These changes included

1. Removing PSY 4402 Psychology of Adjustment. The objectives of this course overlapped with other courses in the program such as Physiology of Behavior and Abnormal Psychology.
2. Changing PSY 2302 Group and Interpersonal Relations to PSY 2312 Social Psychology. This was based on the research findings of similar institutions and their course names.
3. Adding PSY 4806 Foundations of Counseling, PSY 4405 Grief and Loss Counseling, and PSY 3811 The Exceptional Child Lab: Helping Families of Exceptional Children. These courses are included in the new concentration area.
4. Adding a concentration area for students who are pursuing a Bachelor's degree in psychology with the goal of applying for a Master's in Counseling upon successful completion of their undergraduate program. The courses included in this concentration are PSY 3801 The Exceptional Child, PSY 3811 The Exceptional Child Lab: Helping Families of Exceptional Children, PSY 4001 Abnormal Psychology, PSY 4405 Grief and Loss Counseling, and PSY 4806 Foundations of Counseling. These courses should better prepare students for graduate work.
5. Michael Oliver, the Program Coordinator, resigned from Welch College in December of 2018. The college hired an Interim Program Coordinator in January of 2019 to finish out the remaining school year. The board of trustees will vote on a new Program Coordinator in the spring for the 2019-2020 school year.

Appendix A

Research on Undergraduate Psychology Programs

First is a link to the combined Bachelor's/Master's degree that Vanderbilt has been doing for a few years now... <https://as.vanderbilt.edu/psychology/combined-ba-ma/>

Their program is heavy on research, whereas Welch's psychology program is more counseling-based.

Second is an attachment comparing colleges that have implemented emphases into their psychology program offerings. Included in this appendix are information related to minors and concentrations. These include the program sheet for Indiana University's counseling minor which is 16 hours, Ball State University's minor in Interpersonal Relations that requires 15 hours, and the University of Memphis (24 hours). Information related to concentrations include Middle Tennessee State University (1 concentration with 41 hours), East Tennessee State (4 concentrations), Belmont University (5 concentrations), Asbury University (8 concentrations).

Original research on creating a minor or new emphasis found that the following courses were common in many similar programs:

Intro. to counseling psychology

Intro. to psychopathology

Multicultural issues in counseling

Career counseling

Ethical issues in counseling

Grief and crisis

Marriage and family

Integration of Christianity and counseling

Gender and sexuality seminar

Lastly, information on Vanderbilt's 4+1 program is included which combines a Bachelor's and Master's in Arts degrees in Psychology.

All of the following are accredited programs.

University of Memphis Concentrations: <http://www.memphis.edu/ugcatalog/collegeprog/cas/psych.php>

Concentrations (24 hours):

a. General Psychology: Completion of requirements above and additional upper division hours in PSYC to bring the PSYC total to at least 35 hours.

b. Behavioral Neuroscience: Completion of requirements above, BIOL 1110, 1120, CHEM 1110, 1120; PSYC 3306, 3507, 4505, 4506, and 4997 and additional upper division hours in PSYC courses to bring their PSYC total to at least 35 hours.

c. Cognitive Science: Completion of requirements above; PSYC 3303; at least one course from either PSYC 3103 or 3106; at least two courses from PSYC 3304, 3305, 3306, 3530, 4305; either PSYC 4998 or 4999 and additional upper division hours in PSYC courses to bring their PSYC total to at least 35 hours. Students choosing Cognitive Science concentration must complete at least three of the following courses outside of psychology: PHIL 3460, 3621, 4421, COMP 1800, 1900, 4001, ENGL 3511, COMP 2700.

MTSU Concentration in Pre-graduate Psychology: <http://www.mtsu.edu/programs/psychology/#t-2>

For students who are interested in pursuing a graduate education in psychology, and in particular the Ph.D. in psychology, the department offers the 41-hour Pre-Graduate concentration. Students **must** formally apply for this program in order to complete this major. Because G.P.A. is an important consideration for admission to a graduate program, students who apply to the Pre-Graduate Psychology concentration should be competitive applicants for either Ph.D. or selective master's programs and have a **minimum of a 3.25 overall G.P.A., a 3.50 for the last 30 hours, and 3.50 major G.P.A.** A subcommittee of Psychology faculty will screen students applying for this program. It is recommended that students **apply between the completion of 45 and 60 credit hours; transfer students should have completed a minimum of one semester at MTSU before applying.** Students should not self-select this concentration on the university admissions forms or on change of major forms. Effective academic year 2013 - 2014, a minimum of 9 upper division hours from the core set of required courses and a minimum of 6 other psychology hours must be taken at MTSU. A minimum grade of C- is required for all core required courses in this program, with the exception of PSY3020, PSY3070/1, and PSY4070, for which a grade of B- or better is required. Students who are interested in finding out more about this major should consult with the program's faculty program advisor early in their course of study.

East Tennessee State University Concentrations:

http://www.etsu.edu/cas/psychology/academic_programs/majors.php

If students choose the General concentration, they may choose any minor offered by ETSU. The four specialized concentrations each have a built in minor that is required. As soon as students decide which concentration they wish to pursue, they should declare their major, minor, and concentration so that Degree Works analyses will be correct.

Belmont University Concentrations: http://www.belmont.edu/psychology/major_concentrations.html

To assist you in your career planning, we have created a number of “concentrations” (i.e., recommended curricula) for your psychology major. These concentrations help you get the coursework you need to gain admission to graduate school or professional school. See below for more information on these concentrations. Also, be sure to discuss these concentrations with your academic advisor at Belmont:

- **Psychology and Pre-Med**
- **Psychology and Pre-Physical Therapy**
- **Physical Therapy at Belmont**
- **Psychology and Pre-OT**
- **Occupational Therapy at Belmont**

Asbury University Concentrations: <https://www.asbury.edu/academics/departments/psychology/bulletin-overview>

In addition, students may enrich their psychology major by adding one or more optional emphases. Each of these emphases allows the students to tailor their psychology elective courses and nine of their general elective credit hours around their intrinsic and vocational interests. The emphases include:

- Clinical/Counseling Psychology Concentration – for students interested in psychology as applied in the assessment and treatment of psychological issues.
- Christian Counseling/Psychology Concentration – for students interested in Christian models of counseling and/or in working in Christian settings.
- Child Psychology Concentration – for students interested in psychology as applied in work with children and/or within the school system.
- Forensic Psychology Concentration – for students interested in psychology as applied in the justice and correctional systems.
- Biological Psychology Concentration – for students interested in the interrelationship between biological and psychological processes.
- Social Psychology Concentration – for students interested in a more in-depth understanding of the interpersonal dynamics of behavior, culture, and mental life.
- Student Development Psychology Concentration – for students interested in the application of psychology to understanding and working with college/university students.
- Equine Facilitated Mental Health Concentration – for students interested in the application of psychology to mental health and therapy models that incorporate the utilization of horses.

Indiana University

This program sheet is effective for all students starting at IUB beginning summer 2016

COUNSELING MINOR (Non-Teaching)

The Counseling minor is a 15 credit hour introduction to content in the field of counseling that can be applied across a variety of other disciplines within the helping professions including the facilitation of effective interpersonal communication, how to utilize advanced listening skills to empathetically understand the perspective of others, and how to access resources to help people actualize their potential and latent skills in order to effectuate positive personal and social change.

This minor does not lead to a license to practice professional counseling or licensure in any other professional helping field.

May 2016

**NOTE
S:**

- Students must complete 15 credits for the minor.
- All courses must be completed with a grade of C or higher.
- Courses must average a minimum of 2.00 overall to earn the minor.
- Minimum of 6 hours must be at the 300 or 400 level*
- Elective Introductory Courses (EDUC-G203, G204, G207 & G208) can be taken in advance of taking EDUC-G206 (or concurrently).
- EDUC-G206 is required before taking Advanced Courses (EDUC-G302, G352, G355, G375)

- Students interested in the Counseling Minor must meet with a School of Education academic advisor to identify a course plan.

***IMPORTANT NOTE FOR COLLEGE OF ARTS & SCIENCES STUDENTS:**

In order for the Counseling Minor to appear on your transcript, at least 9 credit hours must be at the 300-400 level.

Required Portal Course	3 credits
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EDUC-G 206 *Introduction to Counseling Psychology* 3

Elective Introductory Courses	3-6 credits
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EDUC-G 203 *Communication for Youth Serving Professionals **(S&H)*** 3

EDUC-G 204 *Asian American Mental Health **(S&H)** (Spring)* 3

EDUC-G 207 *Introduction to Student Athlete Counseling Psychology and Mental Health* 3

EDUC-G 208 *Prevention of Adolescent Risk Behavior: Counseling Perspectives* 3

Advanced Courses (P: EDUC-G 206)	6-9 credits
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EDUC-G 302	<i>Resources for Counseling with Youth</i> <i>(P: Sophomore status)</i>	3
EDUC-G 352	<i>Counseling for Career Issues</i> <i>(P: Sophomore status)</i>	3
EDUC-G 355	<i>Positive Psychology</i> <i>(P: Sophomore status)</i>	3
EDUC-G 375	<i>Multicultural Counseling-Related Skills & Communication (P: Sophomore status)</i>	3

Ball State University

UNDERGRADUATE MINOR IN INTERPERSONAL RELATIONS Department of Counseling Psychology and Guidance Services Teachers College

About the minor:

This minor is valuable for students entering careers that require much contact with people, such as psychology, social work, criminal justice, nursing, teaching, special education, speech pathology/audiology, etc. These courses are intended to (1) help students improve their own understanding of principles and dynamics of human interaction, (2) provide students with experiences that will enhance their effectiveness in human interaction, and (3) provide a complement for students majoring in human services areas.³

Requirements:

The minor requires 15 total semester hours with a minimum of 9 hours required from the CPSY courses listed below. The minor is to be declared through the student’s advising resource center. Students may complete the minor in one of two ways:

Option 1: They may take all 15 hours from courses in the Department of Counseling Psychology.

OR

Option 2: They make take a minimum of 9 hours of CPSY courses and take the remaining 6 hours from approved electives listed on this paper.

Counseling Psychology Courses for the Minor in Interpersonal Relations:

CPSY 230 Human Relationship Development (3)

CPSY 360 Interrelational Aspects of Sexuality (3)

CPSY 400 Fundamentals of Counseling (3)

CPSY 420 Techniques of Psychological Interventions (3) CPSY 470 Intoduction to Cross-Cultural Counseling (3) CPSY 490 Issues in Counseling (1-6)

(This is an individual studies course provided to offer students an opportunity to pursue individual studies in a psychological topic of their interest or to assist a CPSY doctoral student or faculty member with research. Enrollment is by permission only. This course is not required to complete the minor but can be applied to the minor if it is selected.)

Up to 6 hours of the following electives may be applied to **Option 2** of the minor. NUR 350 Psychiatric Mental Health Nursing

COMM 240 Intro to Human Communication

COMM 440 Interpersonal Communication

COMM 370 Nonverbal Communication in Human Interaction

HSC 261 Health, Sexuality, and Family Life HSC 465 Alcohol Problems

HSC 469 Health and Aging

HSC 471 Death and Dying

ANTH 341 Anthropology and Women

ANTH 481 Culture, Economy, and Development

PSYSC 213 Psychology of Human Adjustment PSYSC 277 Psychology of Sexual Behavior PSYSC 324 Psychology of Women

EDMU 205 Introduction to Multicultural Education

EDMU 206 Advanced Study of Ethnic and Multicultural Group Behavior

FCSFC 202 Family Wellness FCSFC 475 Marriage

WMNST 210 Intro. To Women's Studies PHIL 202 Ethics

SOC 221 Intro. to Race and Ethnic Relations SOC 235 Sociology of Women

SOC 343 Deviance

SOC 260 Society and the Individual

SOC 421 Racial and Cultural Minorities in United States SOC 424 Family

SOC 431 Aging and the Life Course

SOC 433 Sociology of Mental Health

SOCWK 200 Social Work Practice 1 with Field Experience SOCWK 230 Human Behavior and the Social Environment 1 SOCWK 330 Human Behavior and the Social Environment 2 SOCWK 400 Social Work Practice 3

SOCWK 410 Social Work Practice 4

EDPSY 250 Human Growth and Development EDPSY 350 Child Psychology

EDPSY 351 Adolescent Psychology

EDPSY 355 Adult Psychology

EDPSY 430 Mental Health

EDEL 452 Psychology of Early Childhood Revised 11/18/13

And perhaps one day in the future, we might look into this...

Vanderbilt's 4+1 Option: **Combined BA/MA 4+1 Program:** The department offers the opportunity for students to earn a Bachelor's degree (BA) and a Master's degree (MA) in five years of study. This is a highly selective program with an intensive research emphasis. It is primarily intended for students who are considering a PhD or MD-PhD in a research-oriented graduate program in psychology, psychiatry, cognitive science, neuroscience, learning sciences, or related disciplines.

<https://admissions.vanderbilt.edu/major/factsheet/1082>